



PRARAMBHIK PART-I

ODISSI DANCE

Total Marks : 100

Theory - 25; Practical -75

Prescribed Taalas: *Taala Ektaali* on hands.

Note: Theory exam will be Oral for this level.

THEORY (ORAL)

- (1) Definition - *Taali, Khaali, Aavartan*.
- (2) General knowledge of the origin of Odissi dance.
- (3) Simple knowledge of single handed hand gestures (*Asamyukt Hast Mudras*).
- (4) Simple knowledge of the *Taalas* used in Odissi dance.
- (5) Brief knowledge about the subject of *Laya* and *Taala*.
- (6) Knowledge of *Tribhang* and *Chouka* and their importance.

PRACTICAL

- (1) *Bhoomi Pranam*.
- (2) Simple knowledge of foot movement.
- (3) Odissi dance with primary rhythm *Ektaali*. Movement of feet and body.
- (4) Practical knowledge of the following:-
 - (i) *Greeva Sanchalan* (Neck movement).
 - (ii) *Shirobeda Sanchalan* (Head movement).
 - (iii) *Drishti Sanchalan* (Eye movement).
- (5) Practical knowledge of elementary body stretching and flexing exercises.
- (6) Ability to demonstrate the beats of *Taala Ektaali* on hands.



PRARAMBHIK PART-II

ODISSI DANCE

Total Marks : 100

Theory - 25; Practical -75

Prescribed Taalas: Elementary *Taalas* used in Odissi dance, *Ektaali* and *Roopak Taalas*

Note : The syllabus of previous year/class is combined with that of the current year/class.

THEORY (ORAL)

- (1) Definition - *Lasya* and *Tandava*.
- (2) Knowledge of *Roopak* and *Ektaali*.
- (3) Knowledge of *Devdasi* dance.
- (4) Knowledge of six *Angas* and six *Pratiangas*.
- (5) Knowledge of *Taala* and *Laya* and their utility in dance.
- (6) Brief knowledge of the origin of Indian dances.
- (7) Knowledge of Indian dances in general and Odissi dance in particular.
- (8) Knowledge of single handed hand gestures (*Asamyukt Hast Mudras*).

PRACTICAL

- (1) Practice of neck and head movements.
- (2) Practice & knowledge of single handed hand gestures (*Asamyukt Hast Mudras*).
- (3) Practice of *Ek Paad* (one foot position) and its utility in Odissi dance.
- (4) Demonstration of elementary *Taalas* used in Odissi dance.
- (5) Practice of *Mangala Charan* dance.
- (6) Practice of foot movements of *Chouka* and *Tribhang* in *Ekgun*, *Dugun* and *Chaugun Laya* (speeds).
- (7) Practice of demonstrating *Ektaali* and *Roopak Taalas* in *Ekgun*, *Dugun* and *Chaugun Layakaires* with *Taali* & *Khaali* on hands.
- (8) Practice of recitation (*Padhant*).



NRITYA BHUSHAN PART-I

(FIRST YEAR)

ODISSI DANCE

Total Marks : 150

Theory - 50; Practical -100

Prescribed Taalas: *Jhamp, Triput and Ektaal, Ektaali and Roopak Taala, Taals* prescribed in previous year syllabi.

Note : The syllabi of previous year/class is combined with that of the current year/class.

THEORY

- (1) **Definition:-** *Taal, Laya, Matra, Batu or Sthayee, Chauk and Bhoomi*
- (2) Brief history of the origin of Odissi dance.
- (3) *Shirobhedas* (Head movements) and *Drishtibhedas* (Eye movements)
- (4) Practice of *Thekas* of *Taala Jhampa, Triput and Ektaal.*
- (5) Basic knowledge of *Bharat Natya Shastra.*
- (6) Knowledge of *Devadasi* and *Gotipua* dances.
- (7) Information about *Tandav* and *Lasya.*
- (8) Knowledge about *Nritta, Nritya* and *Natya.*
- (9) Knowledge of six *Angas*, six *Pratiangas* along with their *Upangas.*
- (10) Knowledge of *Jagannath* religion and *Mahari* tradition.
- (11) Basic knowledge about *Abhinaya Darpan* and *Abhinaya Chandrika.*

PRACTICAL

- (1) *Bhoomi Pranam, Mangala Charan* and *Batu* dance.
- (2) *Pad Sanchalan* (Foot movements), *Jhamp, Triput* and *Ektaal.*
- (3) Elementary *Mudra* (Hand gestures), *Chaari* (Foot positions) and *Bhramri* (Spins)

SYLLABUS: Odissi Dance

- (4) Knowledge of sections (*Khand*) of a *Taala*.
- (5) Practical knowledge of eight types of *Shirobhedas* (Head movements) along with their uses.
- (6) Practice of demonstrating four types of Neck movements (*Greeva Sanchalan*) along with their uses.
- (7) Practical practice of *Nayan Bhaavas* (Eye movements) along with their uses.
- (8) Practical knowledge of *Sambhang*, *Abhang*, *Tribhang* and *Atibhang*.
- (9) Practical knowledge of presenting *Ekgun*, *Dugun* and *Chaugun Laya* of all the *Taalas* used in Odissi dance specially *Ektaali* and *Roopak Taala*.
- (10) Practice of reciting (*Padhant*).

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NRITYA BHUSHAN PART-II

(SECOND YEAR)

ODISSI DANCE

Total Marks : 150

Theory - 50; Practical -100

Prescribed Taalas: *Tripud, Khemta* along with those of previous year syllabi.

Note : The syllabi of previous year/class is combined with that of the current year/class.

THEORY

- (1) Definition of the following:-
 - (a) *Aangik, Vaachik, Ahaarya, Saatvik.*
 - (b) *Sambhanga, Abhanga, Tribhanga and Atibhanga.*
 - (c) *Chaari, Bhramari, Pallavi, Moksha and Gotipua.*
- (2) Knowledge of the origin of Kathak dance.
- (3) Knowledge of *Lasya* and *Tandav*.
- (4) Dissimilarities between *Nritya, Nritya* and *Natya*.
- (5) *Abhinaya* (Acting) and its types.
- (6) *Laya, Matra, Taali, Khaali, Sum, Ekgun, Duguna, Chougun*
- (7) Knowledge of writing all the *Taalas* prescribed in the syllabus in *Taala* notation.
- (8) Knowledge of 10 *Asamyukt* (single handed) and 5 *Samyukt* (double handed) hand gestures (*Mudras*).
- (9) General knowledge of *Abhinaya Chandrika* and *Abhinaya Darpan*.

PRACTICAL

- (1) Taals:- *Tripud* and *Khemta Taala*.
Practice of reciting any one *Tukra* in *Ekgun* and *Dugun Laya* demonstrating *Taali & Khaali* on hand.

SYLLABUS: Odissi Dance

- (1) *Paad Bhedas* (*Dhanu, Kumbh, Maha* and *Ek Paad* and its use in dance)
- (2) *Batu* dance, *Abhinaya* (Acting) on one composition of *Kavi Jayadeva* and *Banmali*.
- (3) Folk dances of Orissa state.
- (4) Ability to demonstrate *Paad Bhedas* based on *Abhinay Chandrika*, such as *Sampaad, Kumbhpaad, Samyukt Dhanupaad* and *Mahapaad*.
- (5) Practical knowledge of double handed hand gestures (*Samyukt Hast Mudra*).
- (6) Traditional feet (*Paramprik Paad*):– *Amarita, Nupur, Parsa* and *Rekhapaad* etc. and *Sum, Agrataal, Sanchaari, Anchita, Kunchit Suchipaad* and their uses according to *Natya Shashtra*.
- (7) Practical knowledge of *Chaari* and *Mandal Bhedas*.



NRITYA BHUSHAN FINAL

(THIRD YEAR)

ODISSI DANCE

Total Marks : 150

Theory - 50; Practical -100

Prescribed Taalas: *Jhampa, Jaati, Aaditaal, Kuduktaal, Triputa, Matha, Jhampa, Arsa* and Carnatic *Taals* alongwith those of previous year syllabi.

Note : The syllabi of previous year/class is combined with that of the current year/class.

THEORY

- (1) Definition:- *Arsa, Maan, Gadi, Mahaari, Gotipua.*
- (2) Definition of *Guru, Laghu, Drut* and *Anudrut* and their detailed description.
- (3) Knowledge of Southern *Sapt Taala (Dhruv, Math, Rupaka, Jhamp, Triputa, Atath, Ek Taal)* and practice of writing them in *Chatustra Jaati.*
- (4) Brief history of Odissi dance and suggestions for its progress.
- (5) Brief description of Indian classical dances.
- (6) Life Profile and Contribution of famous dancers of Odissa dance style and their contribution in the field of dance.
- (7) Knowledge of Odissi *Taala.*
- (8) Costume of Odissi dance.
- (9) Life profile of poet Surya and Upendra Bhaj.
- (10) Meaning of *Abhinaya* (acting) and its place of *Abhinaya* in dance (especially in Odissi dance).
- (11) Knowledge of the various types of acting, for example, *Aangik, Vaachik, Ahaarya, Saatvik.*
- (12) Ability to write essays on Bharatnatyam and Kathak dance.

PRACTICAL

- (1) Practice of *Pallavi* dance in *Basant* and *Kalyaan Raagas*.
- (2) Practice of dance and acting (*Abhinaya*) through *Gopal Krishna* and *Banamali* poetry.
- (3) Some sections of *Tripura*, *Matha*, *Jhampa* and *Arsa*.
- (4) Practical knowledge of *Batu*, *Pallavi* and *Moksha* dance and *Manglacharan*.
- (5) Two folk dances of Odisha State.
- (6) Practical knowledge of the following *Bhangimas* (postures) and their use in dance:-
Aasan, *Mardal Ankuchan*, *Nikuchank*, *Shivakara*, *Bhramari*, *Mandal*, *Utpalvan*, *Shuka Chanchu*, *Uttolika*, *Nibedana*, *Potala*, *Biraja*, *Asrita*, *Darpini* and *Parsa Mardala*.
- (7) Practical knowledge of hand gestures of *Natya Shastra* and *Abhinaya Darpan*.
- (8) Practical knowledge of the following:-
 - (a) *Nritya Hasta* – *Abhinaya Darpan*
 - (b) *Gati Bhangi* – *Abhinaya Darpan*
 - (c) *Bhramari* - *Natya Shastra*
 - (d) *Sihanka* – *Abhinaya Darpan*
 - (e) *Katikorma* - *Natya Shastra*.
- (9) Knowledge of Carnatic *Taals*.