



PRARAMBHIK PART-I KATHAK DANCE

Total Marks : 100

Theory - 25; Practical -75

Prescribed Taalas: *Keharwa, Dadra, Tritaal.*

Note: Theory exam will be Oral for this level.

THEORY (ORAL)

- (1) Definition - *Taali, Khaali, Aavartan* and *Tukra*.
- (2) Knowledge of *Ekgun (Thah)* and *Dugun Laya*.
- (3) Knowledge of *Tatkaar*.

PRACTICAL

- (1) Exercises of head and shoulder.
- (2) Practice of moving feet in a *Chhand*.
- (3) *Taal - Keharwa and Dadra*.
- (4) Demonstration of *Tatkaar* in the *Ekgun* and *Dugun Layakari* in *Tritaal*.
- (5) Performance of two simple *Todas* in *Tritaal*.
- (6) One dance in *Keharva Taala*.
- (7) Practice of reciting *Tukra* by demonstrating *Taali & Khaali* on hand.



PRARAMBHIK PART-II

KATHAK DANCE

Total Marks : 100

Theory - 25; Practical -75

Prescribed Taalas: *Tritaal, Keharva*

Note : The syllabus of previous year/class is combined with that of the current year/class.

THEORY (ORAL)

- (1) *Sam, Khaali, Taala and Laya* (Knowledge of *Thaah, Dugun* and *Chaugun*).
- (2) Definition - *Lasya* and *Tandava*.
- (3) Practice of reciting *Bols* of *Salaami* and *Tatkaar*.

PRACTICAL

- (1) Neck movements (*Greeva Sanchalan*).
- (2) Demonstration of two different types of *Tatkaars* in *Tritaal*.
- (3) Performance of five simple *Tukras* in *Tritaal*.
- (4) *Aamad* in *Tritaal*.
- (5) One dance in *Keharva Taala*.



NRITYA BHUSHAN PART-I

(FIRST YEAR)

KATHAK DANCE

Total Marks : 150

Theory - 50; Practical -100

Prescribed Taalas: *Tritaal, Dadra, Keharva*

Note : The syllabi of previous year/class is combined with that of the current year/class.

THEORY

- (1) **Definition:** *Laya, Taal, Matra, Sam, Taali, Khaali, Aavartan, Vibhag, Theka, Nrit, Tatkaar, Gat, Palta, Aamad, Paran, Nritya, Natya, Lasya, Tandav and Salaami.*
- (2) Ability to write, in *Taala* notation, the *Thekas* of all the *Taalas* prescribed in the syllabus in *Thaah* and *Dugun Layakari*.
- (3) Knowledge of writing, in *Taala* notation, two *Todas* of *Teentaal* in *Ekgun* and *Dugun Layakari*.
- (4) Practice of writing *Tatkaar* in *Ekgun (Thaah)*, *Dugun* and *Chaugun Layakari*.
- (5) **Life Profile and Contribution:-** Shri Shambhu Maharaj and Achhan Maharaj.

PRACTICAL

- (1) Practice of physical exercises of neck and shoulder.
- (2) Practice of walking in *Laya* and *Chhand*.
- (3)
 - (a) Two types of *Tatkaar* in *Tritaal, Thaah, Dugun* and *Chaugun Layakaries* with hand gestures and their movements.
 - (b) Eight simple *Todas* and *Tukras*.
 - (c) Four simple *Gat Nikaas*.
- (4) Ability to dance on songs composed in *Dadra* and *Keharwa Taal*.
- (5) Practice of reciting all the *Tukdas & Tatkaar* in *Taalas* prescribed in the syllabus demonstrating *Taali & Khaali* on hand.



NRITYA BHUSHAN PART-II

(SECOND YEAR)

KATHAK DANCE

Total Marks : 150

Theory - 50; Practical -100

Prescribed Taalas: *Tritaal, Jhaptaal, Dadra, Keharva*

Note : The syllabi of previous year/class is combined with that of the current year/class.

THEORY

- (1) **Definition-** *Kavit, Chakkardaar Paran, Gat, Asamyukta Mudra* (single handed hand gestures).
- (2) Knowledge about the purpose and importance of *Ghungroos* in dance and what type of *Ghungroos* should be used in Kathak dance.
- (3) (a) Six *Angas*, (b) Six *Pratyangas* and their *Uppangas*, (c) Eight eyes expressions (*Nayanbhaav*), (d) the four types of Neck movements (*Greeva Sanchalan*), (e) Six types of *Brakuti Sanchalan* (eye-brow movements).
- (4) **Life Profile and Contribution** of Guru Narayan Prasad ji and Binda Deen Maharaj ji.
- (5) Practice of writing, in *Taal* notation, *Tukda, Parana* etc. in *Taalas* prescribed in the syllabus.
- (6) Knowledge of Bhatakhande *Taal* notation system.

PRACTICAL

- (1) Movement of shoulders, head & waist etc. in *Laya* and *Taal*.
- (2) *Thaat, Kasak, Masak* and *Kataaksh*.
- (3) Practice of demonstrating *Todas* in *Vilambhit Laya* (Slow) of previous year's syllabus.
- (4) In *Tritaal* -
 - a: Twelve *Todas*
 - b: Two *Paran*
 - c: Two *Aamad*

SYLLABUS: Kathak Dance

- d: One *Salaami*
- e: Two *Kavit*
- (5) In *Jhaptaal* -
 - a: *Tatkaar* in *Thaah & Dugun*
 - b: Two *Parans*
 - c: Six *Todas*
- (6) Modern dance in *Taal Tritaal, Dadra* and *Keharwa*.
- (7) Demonstration of five *Gat Nikaas* with special facial expressions.
- (8) Four types of Neck movements (*Greeva Sanchalan*) and eight types of head movements (*Shir Sanchalan*).
- (9) Practical knowledge of single hand gestures.
- (10) Practice of dance in *Tritaal, Jhaptaal, Keharwa* and *Dadra Taala*.
- (11) Ability to recite and demonstrate through dance the *Thekas* of above cited *Taalas* in *Thaah, Dugun* and *Chaugun Layakaries*.



NRITYA BHUSHAN FINAL (THIRD YEAR) KATHAK DANCE

Total Marks : 150

Theory - 50; Practical -100

Prescribed Taalas: *Tritaal, Jhaptaal, Ektaal, Dhamaar*

Note : The syllabi of previous year/class is combined with that of the current year/class.

THEORY

- (1) Definition of *Rasa* and *Bhava*.
- (2) Detailed knowledge about the following technical terms:-
Kasak, Masak, Kataksha, Thaah, Laghu, Guru, Drut and *Anudrut*.
- (3) The difference between Kathak and Natwari dance and which of them is ancient.
- (4) History of Indian dance.
- (5) Kathak dance costumes (Dress).
- (6) Detailed description of *Abhinaya* (Acting).

PRACTICAL

- (1) Ability to move following different body parts (*Ang*) with *Taalaa*-
a: Movement of *Angas & Pratiangas*. b: Movement of *Bhrukuti* (Eyebrow). c: Movement of the *Netra* (Eyes).
- (2) In *Tritaal* -
 - a: *Tatkaar* and its types
 - b: Traditional *Aamad*.
 - c: Two *Salaamies*.
 - d: Two *Chakkardaar Toras*.
 - e. Three *Kavits*.
 - f: Four *Gat Nikaas*
 - g: One *Gat Bhaav*

SYLLABUS: Kathak Dance

- (3) In *Jhaptaal*-
- a: *Tatkaar* in different *Layakaries*.
 - b: Two *Aamads*.
 - c: One *Salaami*.
 - d: Two *Chakkardaar Tukras*.
 - e: Two *Chakkardaar Parans*
- (4) In a *Ektaal* -
- a: *Tatkaar* in different *Layakaries* and one *Palta*.
 - b: Four *Tukras*.
 - c: One *Aamad*.
 - d: One *Salaami*.
 - e. Two *Parans*.
 - f: One *Chakkardaar Paran*.
- (5) In *Dhamaar Taala* -
- a: *Tatkaar*
 - b: Two *Tukras*.
 - c: One *Aamad*.
 - d: One *Salaami*.
 - e. Two *Parans*.
 - f: One *Chakkradaar Paran*.
- (6) Practice of *Kasak* and *Masak* with *Thaat*.
- (7) Practice of *Gat Nikaas* of *Ghunghat* and *Matki*.
- (8) Ability to demonstrate the differences between the *Lucknow* and *Jaipur Gharanas* in terms of *Tukda*, *Paran* and *Gat* compositions.
- (9) Ability to recite *Thaah*, *Dugun*, *Tigun* and *Chaugun Layakaries* of *Taala Tritaal*, *Jhaptaal*, *Dhamaar* and *Ektaal* and demonstrate *Taali* and *Khaali* on hand.